

PRE-PROCEDURE INFORMATION FOR PERMANENT MAKE-UP

All permanent cosmetic procedures are multi-session processes. You are required to come back for at least one touch-up visit before it can be determined that your work is completed. Touch-up visits are scheduled at three to six week intervals.

Be prepared for the color intensity of your procedure to be significantly larger, sharper, brighter or darker than what is expected for the final outcome. It will take time for this transition, based on how quickly the outer layer of your skin exfoliates.

In cases of scar camouflage procedures, these injected tones may initially simulate the exact color and tone desired, but will not always remain a perfect match. Injected tones are constant, while your own skin tones will vary depending on exposure to cold, heat, sun and circulatory changes. For example, if you tan your skin and had a scar camouflaged, your surrounding skin will be darker in appearance than the treated area.

The term "Permanent Makeup" alone, may well give a false impression that makeup will last forever. Over a period of time, the pigment will fade. There are many things that can adversely affect color that has been tattooed into the skin, which include pigment lightfastness, the amount of sun exposure, anti-aging preparations applied to the face, the body's immune system, and metabolism. Every client is an individual. There is no way of knowing the length of time before a touchup would be needed.

Since delicate skin or sensitive areas may swell slightly or redden, some patients feel it best not to make any social plans for a day or two following any procedure.

You will need, for eyeliner and lip procedures, an **ice pack** (frozen peas work great) or a Ziploc bag with icewater. For lip procedures you will need a mouth guard. You will also need a supply of Q-tips, a new jar of Vaseline, Emu Oil Tattoo Therapy. Options are **Carmex**, A&D ointment or olive oil if you are sensitive to these preparations. After eyeliner procedures, you will need a **new** tube of **mascara**, once healing has taken place. You will also need **sunscreen** after brows and lips are healed.

Any tweezing or waxing should be done at least 48 hours prior to the procedure; electrolysis no less than 5 days before. Do not resume any method of hair removal for at least two weeks.

Any eyelash or eyebrow tinting or permanent eyelash curling should be done no sooner than 48 hours before or two weeks after the procedure. These procedures are also available in my office.

Do not wear contact lenses during or immediately following the eyeliner procedure. Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pre-tattooed condition.

For eyeliner or lip procedures, some clients find it helpful to take **Benadryl 12 mg.** etc. (it works to de-sensitize nerve endings) and **Arnica Montana**, a favorite with some plastic surgeons, to ward against swelling and bruising. The bottle will direct you to take 5 **tiny pearls**, 3 **times a day, sublingual** (dissolved under the tongue), **beginning on the day of procedure**, for approximately 5 days. Arnica Montana is a homeopathic remedy and can be purchased at most vitamin or health food stores. For lip procedures, you should take **any medications that are to be taken prior to dental work.**

If you are having lip procedures and have a history of cold sores/fever blisters/herpes simplex, you will be required to contact your physician to obtain a prescription for 500 mg of **Valtrex**. This should be taken 2 times a day for 2 days prior to procedure and continued 2 times a day for 4 days after your procedure. (**Zovirax may be substituted, which also comes in a generic prescription.** Take as directed.) This medication may prevent or minimize such outbreaks.

Refrain from the use of **alcohol**, aspirin, aspirin containing medications, ibuprofen or Coumadin (all blood thinners) for seven days before and two days after any procedure. **Refrain from judgment-altering drugs** for at least 24 hours prior to any procedure. **No medications should be discontinued without first consulting your physician.**

If you arrive early for your appointment, please wait for your appointed time. Preparations have to be made, both before and after appointments. If I am ready before that time, I will call you in.

Children under 16 years of age are not allowed in the procedure room during the procedure.
All accounts are payable in full, prior to procedure. There will be a \$25.00 charge for any returned checks.

Permanent Facial Make-Up by Judy
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